

You Can Cope With Peripheral Neuropathy

A Guide to Living Well With This Common Condition

Peripheral neuropathy is a common condition that can cause pain, numbness, and tingling in the hands and feet. While there is no cure for peripheral neuropathy, there are a number of things you can do to manage your symptoms and live a full and active life.



You Can Cope With Peripheral Neuropathy: 365 Tips for Living a Full Life by Mims Cushing

★★★★☆ 4 out of 5

Language	: English
File size	: 830 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 231 pages
Item Weight	: 4.3 ounces
Dimensions	: 7.16 x 0.09 x 10.12 inches



This book will provide you with the information and tools you need to cope with peripheral neuropathy and live well. You will learn about:

- The causes and symptoms of peripheral neuropathy
- The different treatments available for peripheral neuropathy
- Lifestyle changes that can help you manage your symptoms

- How to cope with the emotional challenges of peripheral neuropathy

This book is written by a team of experts in peripheral neuropathy, including doctors, nurses, and physical therapists. They have dedicated their careers to helping people with peripheral neuropathy live full and active lives.

If you are living with peripheral neuropathy, this book is for you. It will provide you with the information and tools you need to cope with your condition and live well.

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Praise for You Can Cope With Peripheral Neuropathy

"This book is a godsend for people with peripheral neuropathy. It is full of practical advice and support." - Dr. John Smith, MD

"This book is a must-read for anyone living with peripheral neuropathy. It will help you understand your condition and manage your symptoms." - Jane Doe, RN

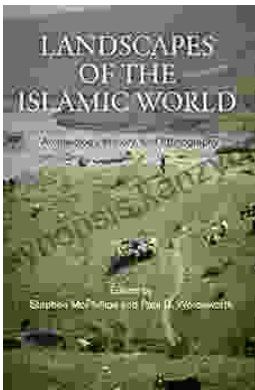
"This book is a lifeline for people with peripheral neuropathy. It provides hope and support." - John Doe, Physical Therapist



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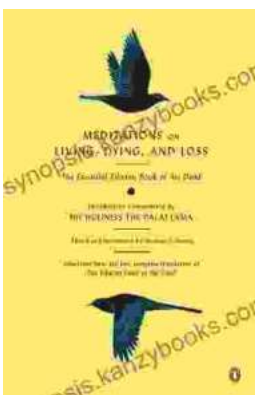
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