

Rosa Mexicano: A Culinary Autobiography With 60 Recipes to Savor The Flavors of Mexico



In her new book, *Rosa Mexicano: A Culinary Autobiography*, chef and restaurateur Josefina Howard shares the personal journey that led her to

become one of the most respected authorities on Mexican cuisine.

Through the lens of her own life and career, Howard paints a vivid picture of the rich culinary traditions of Mexico, from the street food of Mexico City to the regional specialties of Oaxaca and Puebla.



ROSA MEXICANO: A Culinary Autobiography: With 60

recipes by Josefina Howard

★★★★☆ 4.2 out of 5

Language	: English
File size	: 59764 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 307 pages
Lending	: Enabled



The book is also filled with 60 of Howard's favorite recipes, each one a reflection of her passion for Mexican food and culture. From classic dishes like tacos al pastor and enchiladas suizas to more modern creations like her signature Rosa Mexicano salsa, these recipes are sure to tantalize your taste buds and inspire you to cook more Mexican food at home.

Whether you're a seasoned home cook or just starting to explore the world of Mexican cuisine, Rosa Mexicano is a must-have for your cookbook collection. It's a beautiful and informative book that will transport you to the heart of Mexico and leave you craving more.

A Culinary Journey Through Mexico

Josefina Howard's culinary journey began in Mexico City, where she was born and raised. Her childhood was filled with the flavors of traditional Mexican cooking, from the street tacos she bought from vendors on her way to school to the elaborate family meals she enjoyed on Sundays.

After studying cooking in Mexico and France, Howard returned to Mexico City and opened her first restaurant, Rosa Mexicano, in 1984. The restaurant was an instant success, and it soon became known for its authentic Mexican cuisine and its warm and inviting atmosphere.

Over the years, Howard has opened several more Rosa Mexicano restaurants, both in Mexico and the United States. She has also written several cookbooks and hosted a popular cooking show on PBS. Today, she is considered one of the leading experts on Mexican cuisine, and her restaurants are known for their high quality and authentic dishes.

The Recipes of Rosa Mexicano

The recipes in Rosa Mexicano are a reflection of Howard's passion for Mexican food and culture. They are simple to follow and use fresh, high-quality ingredients. The dishes range from classic Mexican favorites to more modern creations, and they are sure to please everyone at your table.

Here are just a few of the recipes you'll find in the book:

- Tacos al pastor
- Enchiladas suizas
- Rosa Mexicano salsa
- Pozole

- Tamales
- Churros

More Than Just a Cookbook

Rosa Mexicano is more than just a cookbook. It's a love letter to Mexican cuisine, sharing the personal journey of chef and restaurateur Josefina Howard and the recipes that have shaped her life and career.

If you're looking for a book that will inspire you to cook more Mexican food at home, Rosa Mexicano is the perfect choice. It's a beautiful and informative book that will transport you to the heart of Mexico and leave you craving more.

Free Download Your Copy Today!

Rosa Mexicano: A Culinary Autobiography is available now at all major bookstores. Free Download your copy today and start exploring the delicious flavors of Mexico!



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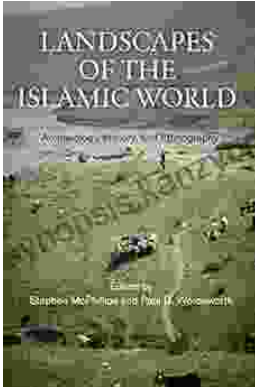
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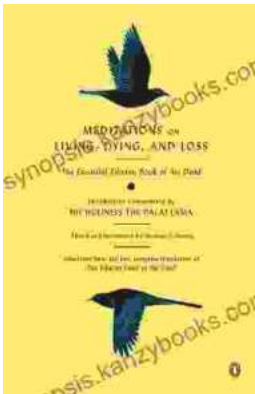
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