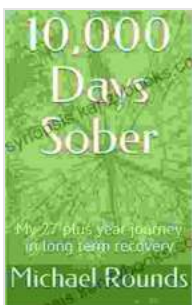


My 27 Plus Year Journey In Long Term Recovery: A Memoir of Hope and Redemption

I began drinking alcohol at a young age and quickly developed a dependency. By the time I was in my early 20s, I was addicted to alcohol and other drugs. I lost my job, my home, and my family. I was homeless and living on the streets.

One day, I hit rock bottom. I was arrested for public intoxication and spent the night in jail. When I was released, I knew that I needed to change my life. I went to rehab and began the long road to recovery.

Recovery was not easy. There were many times when I wanted to give up. But I persevered, and with the help of my friends, family, and therapist, I was able to rebuild my life.



10,000 Days Sober: My 27 plus year journey in long term recovery by Sexual Compulsives Anonymous

★★★★★ 5 out of 5

Language : English
File size : 1171 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 164 pages
Lending : Enabled

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Today, I am 27 years sober. I have a job, a home, and a family. I am grateful for the opportunity to share my story with others and to help them on their own journey to recovery.

In this book, I share my experiences with:

- Addiction
- Recovery
- Relapse
- Sobriety
- Spirituality
- Service

I also offer practical advice on how to achieve and maintain long-term recovery.

My goal is to inspire others who are struggling with addiction. I want them to know that recovery is possible, no matter how far they have fallen.

If you are ready to change your life, I encourage you to read *My 27 Plus Year Journey In Long Term Recovery*. It may just be the inspiration you need to start your own journey to recovery.

Here is a sample chapter from the book:

Chapter 1: The Beginning

I started drinking alcohol when I was 13 years old. I was shy and awkward, and alcohol made me feel more confident and outgoing. At first, I only drank on weekends. But soon, I was drinking every day.

By the time I was in my early 20s, I was addicted to alcohol and other drugs. I lost my job, my home, and my family. I was homeless and living on the streets.

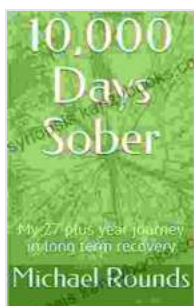
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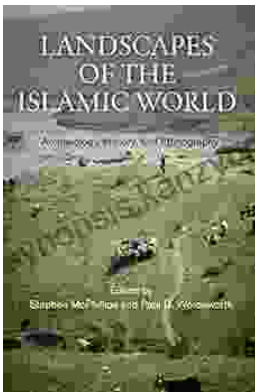
If you are struggling with addiction, please know that recovery is possible. There is hope.



10,000 Days Sober: My 27 plus year journey in long term recovery by Sexual Compulsives Anonymous

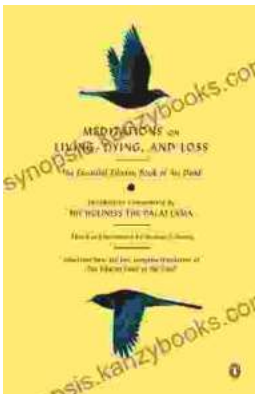
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