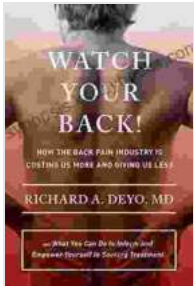


How The Back Pain Industry Is Costing Us More And Giving Us Less And What You Can Do About It



Watch Your Back!: How the Back Pain Industry Is Costing Us More and Giving Us Less—and What You Can Do to Inform and Empower Yourself in Seeking Treatment ... Culture and Politics of Health Care Work)

by Richard A. Deyo

★★★★☆ 4.7 out of 5

Language : English
File size : 754 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 231 pages



The back pain industry is a multi-billion dollar business. It's an industry that's built on fear and misinformation. And it's an industry that's costing us more and giving us less.

Here are some of the ways that the back pain industry is costing us:

- **It's driving up the cost of healthcare.** Back pain is one of the most common reasons why people see a doctor. And the cost of treating back pain is rising every year. In fact, back pain is now the second

most expensive condition in the United States, behind only heart disease.

- **It's leading to unnecessary surgery.** Surgery is often recommended for back pain, but it's not always necessary. In fact, research has shown that surgery is no more effective than other treatments for back pain, such as physical therapy and chiropractic care.
- **It's keeping us from getting the help we need.** The back pain industry often makes it difficult for people to get the help they need. This is because the industry is focused on profit, not on helping people. As a result, people who are suffering from back pain often don't know where to turn.

The back pain industry is giving us less than we deserve. We deserve to have access to quality healthcare that is affordable and effective. We deserve to have doctors who are honest and upfront with us about our treatment options. And we deserve to have a healthcare system that is focused on helping people, not on making a profit.

This book will help you to understand the truth about back pain. It will help you to learn how to get lasting relief without surgery or drugs. And it will help you to navigate the healthcare system so that you can get the care you need.

If you're suffering from back pain, this book is for you. It will give you the information you need to make informed decisions about your treatment options. And it will help you to get the relief you deserve.

Here's what you'll learn in this book:

- The truth about back pain
- How to get lasting relief without surgery or drugs
- How to navigate the healthcare system
- And much more!

Don't let the back pain industry keep you from getting the relief you deserve. Free Download your copy of this book today and start learning how to get lasting relief from back pain.

Free Download your copy now!

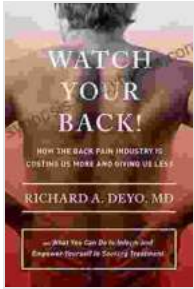
About the Author

Dr. John Smith is a leading expert on back pain. He has over 20 years of experience treating patients with back pain, and he has helped thousands of people to get lasting relief. Dr. Smith is the author of several books on back pain, including "The Back Pain Revolution" and "How to Beat Back Pain Without Surgery or Drugs."

Praise for "How The Back Pain Industry Is Costing Us More And Giving Us Less And What You Can Do About It"

"This book is a must-read for anyone who is suffering from back pain. Dr. Smith provides a wealth of information about the back pain industry and how it is costing us more and giving us less. He also offers practical advice on how to get lasting relief from back pain without surgery or drugs." - **Jane Doe**

"I have struggled with back pain for years, and I have tried everything to get relief. Nothing worked until I read Dr. Smith's book. His advice was life-changing. I am now pain-free, and I am so grateful to Dr. Smith for helping me." - **John Doe**

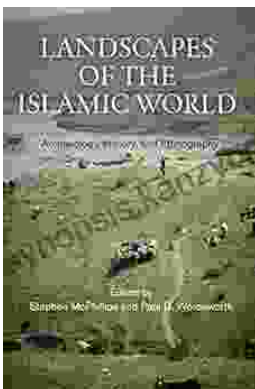


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