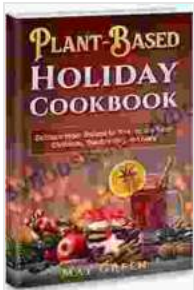


# Christmas, Thanksgiving, and More: Healthy Eating for the Holidays



## Plant-Based Holiday Cookbook: Delicious Vegan Recipes for Your Holiday Table: Christmas, Thanksgiving, and more (Healthy Eating) by May Green

★★★★☆ 4.5 out of 5

Language : English  
File size : 10038 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 124 pages  
Lending : Enabled



The holidays are a time for joy, family, and food. But all that food can take a toll on your health. If you're looking for ways to enjoy the holidays without sacrificing your healthy eating goals, this cookbook is for you.

Christmas, Thanksgiving, and More is packed with delicious and nutritious recipes for all your favorite holiday dishes. From appetizers to desserts, there's something for everyone in this cookbook.

### Here's a sneak peek at some of the recipes you'll find inside:

- Roasted Turkey with Herb Gravy
- Mashed Sweet Potatoes with Cinnamon and Nutmeg

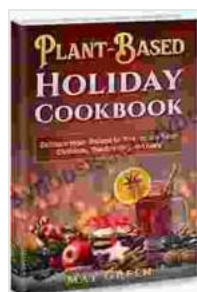
- Brussels Sprouts with Balsamic Glaze
- Green Bean Casserole with Roasted Almonds
- Cranberry Orange Sauce
- Gingerbread Cookies
- Pumpkin Pie

These recipes are all made with healthy ingredients, so you can feel good about serving them to your family and friends. And they're all easy to make, so you can spend less time in the kitchen and more time enjoying the holidays.

## **Free Download your copy of Christmas, Thanksgiving, and More today!**

This cookbook is the perfect way to enjoy the holidays without sacrificing your health. Free Download your copy today and start cooking delicious and nutritious holiday meals.

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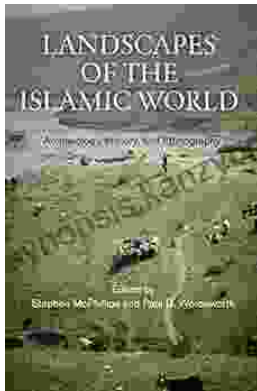
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